

Taking Care of your House Naturally

Home-made recipes and practical advices for an efficient and economical cleaning.

Author: Rachel Frely

Using natural products means improving the quality of the air in your home. It also means saving money, saving space and time by using only a few very efficient products. There are only benefits in changing for « green » cleaning.

Making and origins of the ingredients, usage, recipes, etc. all this will be approached in a first part. Then readers are invited to realize **30 recipes tested and approved** for the whole house: detergent, stain remover, window cleaning product, etc.

This book is made in partnership with Briochin, a brand available in many countries.



The Author:

Rachel Frely is a journalist specialised in the fields of health, nutrition, homeopathy and medicinal plants. She wrote numerous books on these different fields.

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