

Wraps Mania !

Healthier & Tastier

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Synopsis:

Wraps are light, varied and easy to prepare, thus they can be adapted to every situation! Mini size as appetizers, quick to eat in case of a short lunch, it can be a complete meal to eat at the office or at school. And you can also have them in sweet version! And now the new whole grain tortillas make them even healthier.

Thanks to this title, enjoy preparing wraps with different tastes, colours and shapes, for a pleasure not only for the mouth, but also for the eyes.

Content:

- Mini wraps as appetizers.
- Wraps when you are just a little bit hungry.
- Picnic and lunch boxes.
- Wraps as desserts.
- Wraps as children's snacks.

The Author:

Stéphanie Valade is a young blogger passionate about cooking, travels and photography. Thanks to her blog, she shares her recipes, all her discoveries and her good addresses.

■ Specs:

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