

Pies for all the Tastes

40 recipes from appetizer to dessert.

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Synopsis:

Pies are easy to do, convivial, economic, ingenious, and offer the possibility to eat according to the season and to be adapted to our dietary constraints or desires. Their advantages are numerous!

Also nowadays, even their shape can be original and pleasant to look at.

From appetizer to dessert, readers will find in this new title no less than 40 delicious recipes of pies, sweet and savoury.

The Author:

Flavie Gusman is a dietician and a nutritionist specialized in dietary behaviours. She shares her time between her patients, her dietetic workshops and redaction of articles on nutrition. She lives in Paris.

She is also the author of *Detox Juices*, *1001 Salads* and *My Slimness Program* with Marie Claire Books.

■ Specs:

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