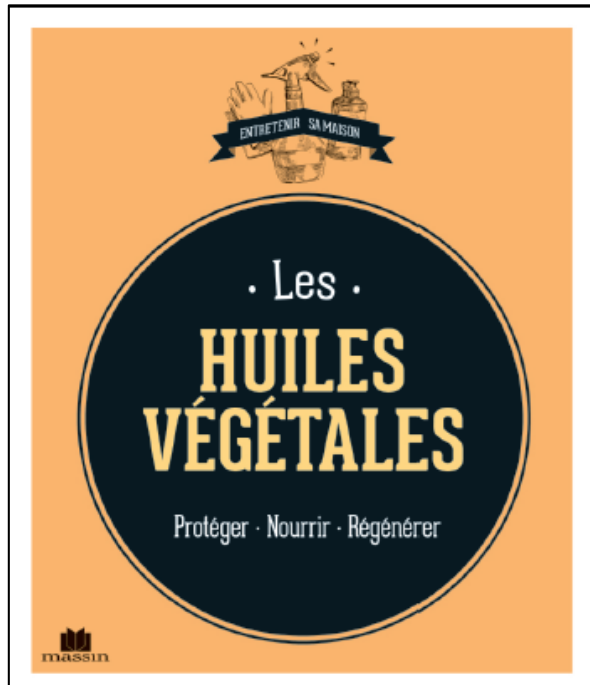


Vegetable Oils

August 2016



Synopsis:

For a long time vegetable oils have only been used for dressing... And what if they had another purpose? Argan oil, walnut and hazelnut oils, apricot oil, olive oil and many others offer multiple possibilities depending on your needs.

With no toxicity and no preservative, they are good for your health but also for your budget as they are quite cheap.

Do not hesitate, these oils have many benefits for you and your house!

The Author:

Sylvie Fabre is a journalist working for Maxi, Fémina Hebdo, DS Magazine and Julie in France. She also works for France 2 on television. She is a real specialist of feminine press and spent more than 15 years looking for the best « tips » to make cleaning easier! Today, she teaches her knowledge and writes books (*Sybex*, First).

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