

# My Recipes 100 % Veggie

*40 fresh and natural ideas.*

September 2016



## Synopsis:

In this title, Julie Bavant will make you discover numerous culinary products, healthy and tasty, that will allow you to prepare delicious meals!

From breakfast to dinner, going through brunches and tea-time, Julie Bavant enhances bio and veggie cooking with 40 recipes easy to do.

## The Author:

**Julie Bavant** worked at the Arpège restaurant and then at Matignon for the Prime Minister of France.

She also worked as a pastry chef at the vegan restaurant Soya in Paris.

Creative and curious, this epicurean woman will make you discover a brand new cooking!

**This book is made in partnership with Bjorg in France, but recipes can easily be adapted if this brand is not available in your country.**

- **Specs:**
- Series: Cooking
- Date of issue: September 16<sup>th</sup> 2016
- RPP: 12 €
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