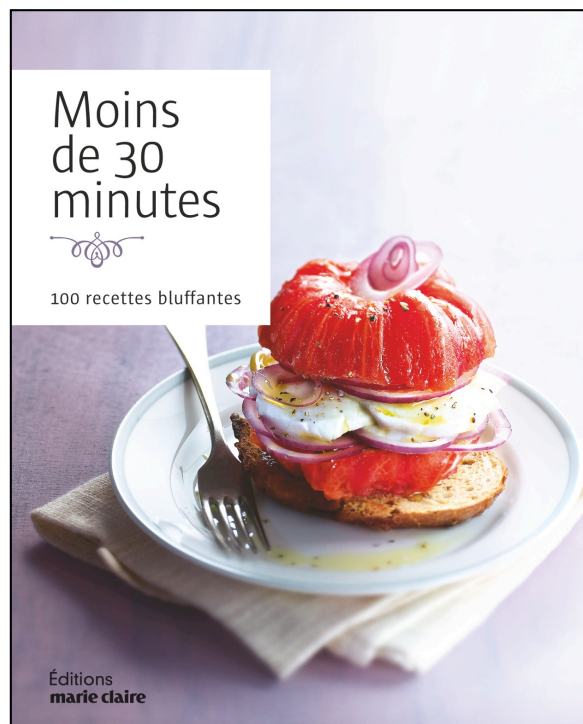


# Less than 30 Minutes

August 2016



## Synopsis:

It is no big news, time spent in the kitchen has considerably reduced and now everything needs to be done quickly, but without losing taste and pleasure in the process.

Starting now, you have between 15 and 30 minutes to realize everything you want to eat! This title contains 100 recipes that you will be able to do in 30 minutes or less. Simple but tasty menus are available. From appetizers to pies, meats, fishes, desserts, traditional or exotic, you will revolutionize your everyday life and amaze your friends.

## ■ Specs:

- Series: Pocket Cooking
- Date of issue: August 12<sup>th</sup> 2016
- RPP: 5,90 €
- 192 pages
- 143 x 180 mm
- Paperback
- ISBN : 979-10-323-0017-6