

Bach Flower Remedies

September 2016

Beauty &
Well-Being



Synopsis:

Bach Flowers are part of a global therapy for individuals. They stimulate vitality, harmonize psychic life by acting directly on emotional states. They suggest in parallel a real work on yourself and on emotions in general. This is why it is important to think about your personality and your current state of mind before selecting remedies.

What can you find inside this book: All you always wanted to know or to ask about Bach Flowers. How to use them, what they can heal, what combinations are possible... every question will find explanations.

This book is made in partnership with Elixirs & Co, but content can be adapted if this brand is not available in your country.

Elixirs & Co was the first company – and for a long time the only one – to propose innovative well-being products with Bach Flowers.

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