

# + Raw... Or Almost

May 2015



## ■ Synopsis :

Surperfood with no cooking, but nice preparations that respect vitamins.

Starters, salads, soups, meat or fish carpaccios and deserts.

## ■ The + :

Gorgeous and stylish photographs shot by the popular magazine *Cuisine & Vin de France* published by the Marie Claire group.

## ■ Specs :

- Series : Lifestyle cookery
- Parution : 17<sup>th</sup> April 2015
- Prix : 19,90 €
- Pages : 184
- 195 x 240 mm
- PLC
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